## Have Fun With Fruits and Vegetables

Find the hidden fruits and vegetables in the puzzle. Words can read up, down or across, from left to right or right to left.



Find:	B	F	S	Ε	Α	Y	Α	Р	Α	Р	Name a fruit you would like to try:
Apple											
Banana	R	С	Q	L	S	R	Р	Ε	Α	R	
Broccoli	•										
Carrots	0	Η	U	Р	B	Α	N	Α	Ν	Α	How will you eat this fruit?
Celery	С	Р	Α	р	Y	R	Ε	L	Е	С	(On cereal, as a snack, for dessert, with dinner or on
Eggplant	C	P	A	Р	I	ĸ	E	L	E	C	pancakes.)
Grapes	С	S	S	Α	Y	Α	Μ	S	Т	Е	
Kiwi	Ŭ	0	0		1		1.1	0			
Orange	0	Α	н	Е	G	Ν	Α	R	0	K	Name a vegetable you would
Papaya	Ť				-				Ĩ		like to try:
Pear	L	Ε	С	Α	R	R	0	Т	S	Ι	
Peas											
Squash	Ι	Р	G	R	Α	Р	Ε	S	Κ	W	
Yams											How will you eat this vegetable? (As a snack, with
A	В	Ε	G	G	Р	L	Α	Ν	Т	Ι	dip, or for lunch.)



Adapted from Team Up At Home Team Nutrition Activity Book